

# EMPOWERED KIDNEY CARE

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Central Texas Nephrology Associates – Waco Area



## Central Texas Nephrology Associates



|                         |                    |                        |
|-------------------------|--------------------|------------------------|
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| Woody J. Reese, Jr., MD | Habib U. Bahar, MD | Mohamed H. Ramadan, MD |
|                         | Micah S. Meyer, MD |                        |

**Patients involved in their  
care**

**DO BETTER.**

### WHAT IF?

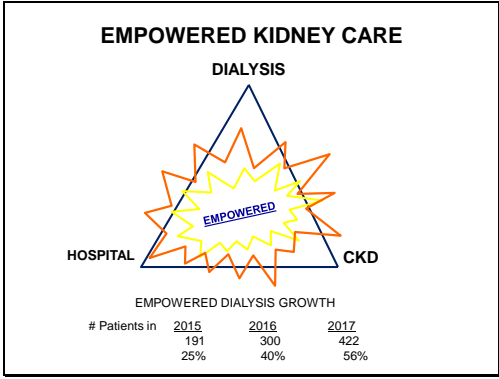
| Dialysis                        | Mortality |       |       | Hospitalizations<br>Hosp / Pt / Year |      |      |
|---------------------------------|-----------|-------|-------|--------------------------------------|------|------|
|                                 | 2015      | 2016  | 2017  | 2015                                 | 2016 | 2017 |
| Empowered                       | 2.6%      | 5.7%  | 5.6%  | 0.65                                 | 1.11 | 0.8  |
| Conventional<br>"Assembly Line" | 16.1%     | 19.9% | 15.9% | 1.96                                 | 1.97 | 2.1  |
| National Average                | 16%       | 16%   | 16%   | 1.7                                  | 1.7  | 1.7  |
| Empowered Pts                   | 191       | 300   | 422   |                                      |      |      |
| %                               | 25%       | 40%   | 56%   |                                      |      |      |

### WHAT IF?

**CONVENTIONAL vs EMPOWERED  
"ASSEMBLY LINE"**

National – 50 years

1 group-3 years



### WHAT IF?

#### EMPOWERED CKD

(PATIENTS STARTING ON DIALYSIS FIRST YEAR)

|                  | Mortality<br>%               |      |      | Hospitalizations |      |      |
|------------------|------------------------------|------|------|------------------|------|------|
|                  | Hospitalization/Patient/Year |      |      |                  |      |      |
| CKD              | 2015                         | 2016 | 2017 | 2015             | 2016 | 2017 |
| Empowered        | 0%                           | 0%   | 3%   | 0.17             | 0.12 | 0.36 |
| National Average | Higher than 16%              |      |      | Higher than 1.7  |      |      |

## WHY?

- JUST A JOB
- \$
- TOUCH HEARTS & SOULS
- CHANGE THE WORLD!

## HOW?

- MD CHAMPION
- RN CHAMPION
- 12-STEP PROTOCOL